



#HelloYellow

YOUNG MINDS
fighting for young people's mental health

Fel ysgol byddem yn cefnogi ymgyrch codi ymwybyddiaeth yr elusen 'Young Minds' o ddiwrnod Iechyd Meddwl y Byd ar Ddydd Gwener 10.10.25.

Mae croeso i'ch plentyn wisgo dilledyn melyn i'r ysgol y diwrnod yna (ond rydym yn pwysleisio i chi beidio mynd allan i brynu unrhywbeth newydd) . Bydd pob dosbarth yn cynnal gweithgaredd i godi ymwybyddiaeth o'r diwrnod a rydym yn edrych ymlaen i gefnogi'r elusen trwy godi ymwybyddiaeth.

As a school we will be supporting the Young Minds - World Mental Health day on Friday 10.10.25. Your child is welcome to wear an item of clothing that is yellow to school that day (but we urge you not to go out and buy anything new). Each class will carry out an activity to raise awareness of the work done by the Young Minds charity. As a school we are looking forward to supporting the charity by raising awareness.