



# Llawlyfr Meithrin 2026

## Nursery Handbook 2026



Caiff ein hysgol ei llywio drwy ganoli'r plentyn, er mwyn sicrhau unigolion hapus, hyderus a llwyddiannus. Ein nod yw darparu cwricwlwm egnïol a chynhwysfawr ble datblygir yr awch i ddysgu a llwyddo ymysg ein disgyblion.

Yr wyf yn ffodus iawn o gael arwain tîm o staff sydd yn gweithio'n galed i uchafu potensial a safon ymysg ein disgyblion. Mae'n flaenoriaeth gennym i uchafu llwyddiant pob plentyn drwy gyd weithio'n agos gyda rhieni/gwarchodwyr, y gymuned leol a chlwstwr ysgolion cynradd Sir Ddinbych. Credwn yn gryf i addysg pob plentyn lwyddo drwy bartneriaeth gref rhwng yr ysgol a'r cartref.

Nid oes gennym unrhyw amheuaeth y bydd ein plant yn ffynnu dan adain warcheidiol staff Ysgol Dewi Sant. Drwy dderbyn y safon uchaf bosibl o addysg a chyfleoedd yn ystod ei siwrnai ysgol, bydd pob plentyn yn barod ar gyfer y byd cyfnewidiol sydd ohoni

Mrs M.A. Evans (Pennaeth)



At Ysgol Dewi Sant, the children are at the heart of every decision we make, as to ensure they are happy, confident and successful individuals. Our aim is to ensure an engaging curriculum so as our pupils can foster a passion for learning and to develop high aspirations and success for their future.

I consider myself exceptionally fortunate to lead such dedicated and committed team of staff that work hard to reach the highest of standards. It is our priority to ensure every child succeeds by working closely with parents and guardians, the local community and other schools in the cluster. We firmly believe that a child's education is a partnership between home and school, and value parental support at all times.

As staff, we have no doubt that every child will thrive under our care and support here at Ysgol Dewi Sant. The standard of education and opportunities every child receives during their educational journey, will prepare them for the ever changing world we live in.

Mrs M.A. Evans (Headteacher)



# Croeso



Helo bawb, rydym yn edrych ymlaen yn fawr at eich croesawu i Ysgol Dewi Sant. Mae'n gyffrous iawn dechrau'r daith hon gyda'ch plentyn, ac rydym yn edrych ymlaen yn fawr at ddod i'ch hadnabod chi fel teulu.

Hello everyone, we are very much looking forward to welcoming you to Ysgol Dewi Sant. It is an exciting time to begin this journey with your child, and we are really looking forward to getting to know you as a family.

## Tîm y Meithrin / The Nursery Team



Mrs Rhys O.6  
Athrawes Dosbarth  
Class Teacher



Mrs Jones O.4  
Athrawes Dosbarth  
Class Teacher



Miss Moni  
Uwch Gymhorthydd  
HLTA

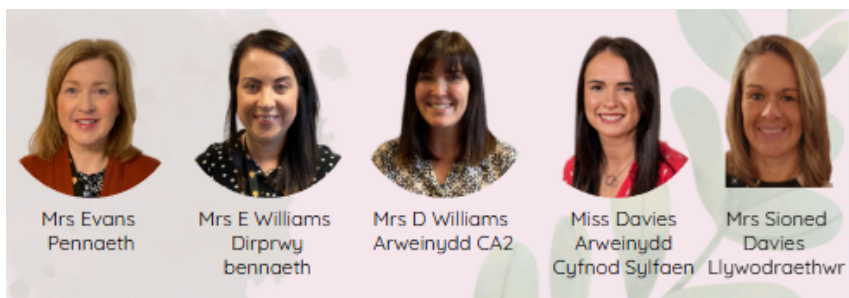


Miss Gwenno  
Cymhorthydd Dosbarth  
Classroom Assistant



Miss Lydia  
Cymhorthydd Dosbarth  
Classroom Assistant

## Dyma ein Swyddogion Dynodedig Diogelu / Our Safeguarding officers-



Mrs Evans  
Pennaeth

Mrs E Williams  
Dirprwy  
bennaeth

Mrs D Williams  
Arweinydd CA2

Miss Davies  
Arweinydd  
Cyfnod Sylfaen

Mrs Sioned  
Davies  
Llywodraethwr

Os oes gennych unrhyw bryderon am ddiogelwch plentyn, cysylltwch â'r ysgol i drafod gydag un o'r Swyddogion Diogelu Dynodedig.

If you have any concerns about a child's safety, please contact the school and speak to one of our Designated Safeguarding Officers.

## Trefn y Dydd

### Daily Routine



#### Meithrin Bore / Morning Nursery

Amser cychwyn

*Start time*

8:55 yb / am

Amser mynd adref

*Home time*

11:25 yb / am

#### Meithrin Prynawn / Afternoon Nursery

Amser cychwyn

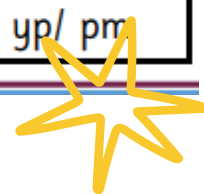
*Start time*

12:45 yp / pm

Amser mynd adref

*Home time*

3:15 yp / pm



Setlo i mewn i drefn  
pob dydd yr ysgol.

*Settling the children  
into everyday school  
life and routine.*



Datblygu sgiliau motor mân i  
gryfhau eu dwylo.

*Developing fine motor skills to  
strengthen their hands.*

**Yn Meithrin rhoddir bwyslais ar . .**  
***In Nursery the emphasis is on . . .***

Ddatblygu sgiliau llafar  
drwy fwydo patrymau  
llafar Cymraeg.

*Develop oral skills  
through feeding Welsh  
language patterns.*



Dysgu drwy chwarae  
*Learning through play.*

Dysgu yn yr  
ardal tu allan.

*Learning in the  
outdoor area.*



## Ffrwyth a Llefrith / Fruit and Milk

Bydd eich plentyn angen dod a ffrwyth gydag o/hi pob dydd ar gyfer amser ffrwyth a llefrith ar ôl Amser Chwarae. Os yn defnyddio bocs bach i gario'r ffrwyth, yna sicrhewch bod enw eich plentyn arno yn glir.



*Your child will need to bring a fruit snack with him/her to school everyday for fruit and milk session after Playtime. If you are using a box to carry the fruit, please ensure that it has your child's name on it.*

## SeeSaw

Lawr-lwythwch yr app SeeSaw yn barod ar gyfer mis Medi. Dyma ein prif ddull cyfathrebu.

Download the SeeSaw app in preparation for September, this is our main platform for communicating.



# Pethau i'w cofio! / Things to remember!



Lawr-lwythwch yr app SeeSaw yn barod ar gyfer mis Medi. Dyma ein prif ddull cyfathrebu. / Download the SeeSaw app in preparation for September, this is our main platform for communicating.

\* Yn y bag ysgol pob dydd: Dillad sbâr, Dŵr a Ffrwyth

\* Absenoldeb: Esboniad drwy ffonio'r swyddfa.

\* Ffrwyth: Ffrwyth o adref wedi'i dorri yn barod i fwyta mewn bocs/bag ar wahân i'r bocs bwyd

\* Llefrith: Am ddim.

\* Labelu popeth - gwisg ysgol, côt, bag, bocs bwyd...

\* Gwisg addysg gorfforol (Tymor 3):

- Siorts du
- Crys.T gwyn
- Trainers

\* Newid i drefniadau casglu - Os oes unrhyw newid i drefniadau casglu eich plentyn gofynnwn i chi hysbysu'r ysgol yn ysgrifenedig trwy e-bost.

\* Gwahoddiadau parti - Ni fydd staff yr ysgol yn dosbarthu gwahoddiadau partion

\* Tywydd braf - Yn ystod tywydd braf gofynnwn i'ch plentyn wisgo het haul ac eli haul.

\* In the school bag everyday: Spare clothes, Water and Fruit

\* Absences: Phone the school office

\* Fruit: Fruit from home cut up ready to eat in a separate box/bag to the lunch box.

\* Milk: For free

\* Label everything - school uniform, coat, bag, lunch box...

\* P.E. kit ( Term 3 ) :

- Black shorts
- White t-shirt
- Trainers

\* Collection arrangements - If there is any change to your child's usual collection arrangements we request that you inform us in writing.

\* Party invitations - The school staff do not hand out party invitations.

\* Warm weather During warm weather we ask that your child wears a sun hat and sun cream.



@Ysgoldewisant

Mae prospectws yr ysgol ar gael ar ein gwefan.  
The school prospectus is available on our website.

Email: dewi.sant@denbighshire.gov.uk Contact number: 01745 351355



# Paratoi ar gyfer yr ysgol



Pan fydd plant yn dechrau yn yr ysgol gynradd, mae ganddynt gryfderau, profiadau ac anghenion amrywiol. Mae'r daflen hon yn dangos rhai sgiliau a all helpu plant i deimlo'n fwy hyderus a pharod ar gyfer bywyd ysgol. Mae pob plentyn yn datblygu ar ei gyflymder ei hun, felly defnyddiwch hwn fel canllaw defnyddiol yn hytrach na rhestr wirio.

## Hunanofal

- Rwy'n gwybod pryd i olchi fy nwylo
- Gallaf sychu fy nhrwyn
- Gallaf ofyn am help os nad ydw i'n teimlo'n dda

## Siarad a llythrennedd

- Mae gen i ddiddordeb mewn darllen straeon ac edrych ar lyfrau lluniau
- Rwy'n gallu siarad amdanaf fy hun, fy anghenion a'm teimladau
- Rwy'n ymarfer adnabod fy enw pan fydd wedi'i ysgrifennu i lawr

## Gwisgo a dadwisgo ar fy mhen fy hun

- Gallaf fotymu a dadfotymu fy nillad
- Gallaf wisgo fy esgidiau a sanau fy hun
- Gallaf wisgo fy nghôt a defnyddio sip

## Bwyta

- Gallaf ddefnyddio cyllell a fforc
- Gallaf agor fy mhecyn bwyd ar fy mhen fy hun
- Rwy'n hyderus wrth agor lapwyr a pheccynnau

## Sgiliau ysgrifennu

- Rwy'n hoffi dilyn patrymau a lliwio
- Rwy'n mwynhau arbrofi gyda sgribls o wahanol siapiau
- Rwy'n ymarfer dal pensil

## Toiledu

- Gallaf fynd i'r toiled ar fy mhen fy hun, sychu fy hun yn iawn a fflysio
- Gallaf olchi a sychu fy nwylo heb unrhyw gymorth

## Annibyniaeth

- Rwy'n hapus i fod i ffwrdd o fy nheulu neu fy mhrif ofalwyr
- Rwy'n hapus i dacluso fy eiddo a gofalu am fy mhethau
- Rwy'n teimlo'n hyderus ynglŷn â dechrau yn yr ysgol

## Gwrando a deall

- Rwy'n gallu eistedd yn llonydd a gwrando am gyfnod byr
- Rwy'n gallu dilyn cyfarwyddiadau
- Rwy'n deall yr angen i ddilyn rheolau

## Rhannu a chymryd tro

- Gallaf rannu teganau a chymryd tro
- Gallaf chwarae gemau gydag eraill
- Gallaf ryngweithio â phlant eraill

## Sgiliau cyfrif

- Rwy'n mwynhau ymarfer cyfrif gwrthrychau
- Rwy'n hoffi dweud rhigymau rhif a chwarae gemau cyfrif
- Gallaf adnabod rhai rhifau pan gânt eu hysgrifennu i lawr

## Trefniadau

- Rwyf wedi ymarfer gwisgo fy ngwisg a pharatoi i adael ar amser
- Mae gen i drefn amser gwely felly dydw i ddim yn teimlo'n flinedig yn yr ysgol
- Rwy'n dysgu bwyta ar yr amseroedd y byddaf yn eu bwyta ar ddiwrnodau ysgol



# Getting ready for school



When children start primary school, they all bring different experiences, strengths and needs. This sheet shows some skills that may help children feel more confident and ready for school life. Every child develops at their own pace, so please use this as a helpful guide rather than a checklist.

## Self - care

- I know when to wash my hands
- I can wipe my nose
- I can ask for help if I don't feel well

## Speaking and literacy

- I am interested in reading stories & looking at picture books
- I am able to talk about my self, my needs and feelings
- I am practising recognising my name when it's written down

## Getting dressed and undressed on my own

- I can button and unbutton my clothes
- I can put my own shoes and socks on
- I can put my coat on and use a zip

## Eating

- I can use a knife and fork
- I can open my packed lunch on my own
- I am confident at opening wrappers and packages

## Writing skills

- I like tracing patterns and colouring in
- I enjoy experimenting with different shaped scribbles
- I am practising holding a pencil

## Going to the toilet

- I can go to the toilet on my own, wipe myself properly and flush
- I can wash and dry my hands without any help

## Independence

- I am happy to be away from my family or main carers
- I am happy to tidy my belongings and look after my things
- I am feeling confident about starting school

## Listening & understanding

- I am able to sit still and listen for a short while
- I can follow instructions
- I understand the need to follow rules

## Sharing & turn taking

- I can share toys and take turns
- I can play games with others
- I can interact with other children

## Counting skills

- I enjoy practising counting objects
- I like saying number rhymes & playing counting games
- I can recognise some numbers when they are written down

## Routines

- I have practised putting on my uniform and getting ready to leave at time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on school days

# Sut gallaf baratoi fy mhlentyn ar gyfer y Meithrin?



## How can I prepare my child for Nursery?



Gwylwch raglenni teledu  
Cymraeg.  
*Watch Welsh television  
programs.*



Llawlwythyr App Llyfrau  
Stori Magi Ann i wrando a  
mwynhau storiâu Cymraeg.

Download the App Magi  
Ann to listen and enjoy  
Welsh stories.



Annogwch eich plentyn i  
rannu a parchu eraill.

*Encourage your child to  
share and respect others.*



Chwaraewch  
gemau  
Mathemategol a Ieithyddol.

*Play  
Mathematical  
and Language games.*

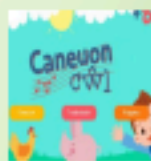


Ymarferwch sgiliau allweddol  
e.e. torri gyda siswrn, rhoi  
côt ymlaen ac adnabod eu  
henw.

*Practice develop skills e.g.  
cutting with scissors, put on  
a coat and  
recognising  
their name.*



### **Aplau Cymraeg** **Welsh Apps.**



Gwrandewch ar ganeuon a  
hwiangerddi Cymraeg, e.e  
Caru Canu ar Youtube.

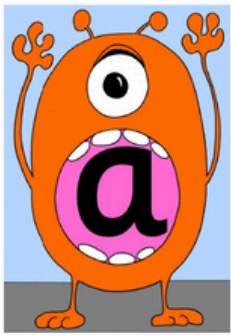
*Listen to Welsh songs and  
Nursery Rhymes e.g 'Caru  
Canu' on Youtube.*



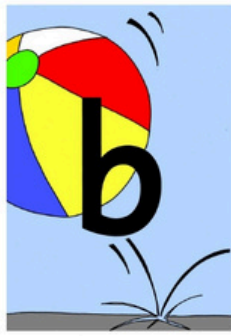
Darllenwch lyfrau Cymraeg  
gyda'ch plentyn.

*Read Welsh books with your  
child.*





Codi'r breichiau fyny  
Lift the arms up



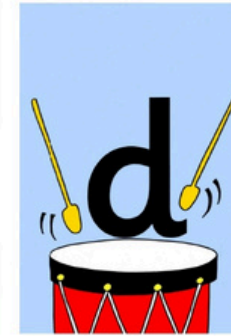
Bowsio'r bêl ar lawr  
Bounce the ball



Dawsio gyda castanets  
Dance with the castanets



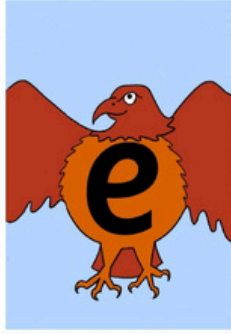
Pen yn ôl a chwynu  
Put head back and snore



Taro'r drwm  
Tap the drum



Pwyntio at y dannedd  
Point to the teeth



Chwifio adenydd yr eryr  
Flap the eagles wings



Gyrru'r fan  
Drive the van



Chwifio llaw fel ffan  
Flap hands like a fan



Taro'r frest gyda dwylo  
Strike chest with hands



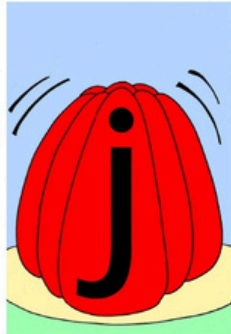
Teimlo'r sain gyda bysedd  
Feel vibrations with fingers



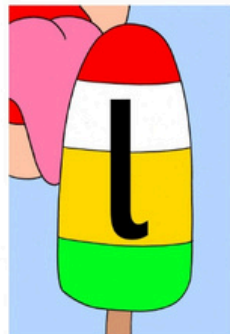
Neidio ar y space hopper  
Jump on the space hopper



Troi braich uwch eich pen  
Circle arm above head



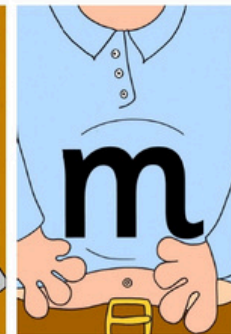
Ysgwyd platiad o jeli  
Shake a plate of jelly



Llyfu lolipop (bys)  
Lick lollipop (finger)



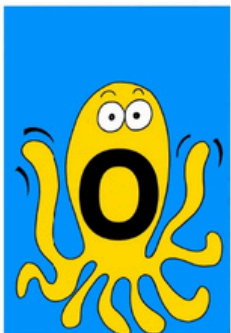
Llaw yn llifio nol a 'mlaen  
Hand sawing back and forth



Rhwbio bol â dwy fraich  
Rub belly with both arms



Ysgwyd pen a bys  
Shake head and finger



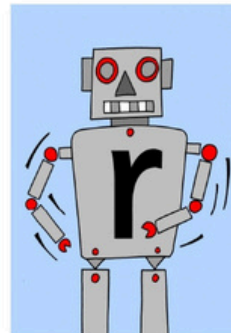
Gwneud 'Mexican wave'  
Do the 'Mexican wave'



Dwylo'n agor a chau  
Hands opening and closing



Dwylo'n symud lawr fel plu  
Hands like floating feathers



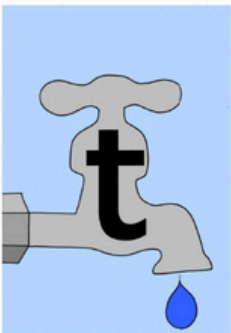
Breichiau fel robot  
Swing arms like a robot



Rhwygo papur yn ddau  
Rip the paper in two



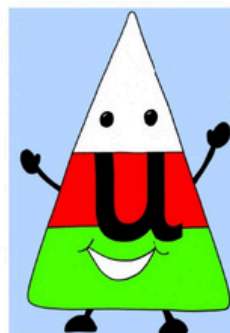
Siglo'r badell ffrio  
Shake the frying pan



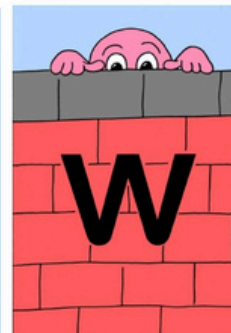
Bys taro cledr llaw  
Finger tapping the palm



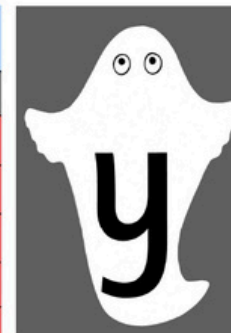
Tafod mas a chwythu  
Tongue out and blow



Canu cân Mister Urdd  
Sing Mr Urdd



Pipo dros y wal  
Peep over the wall



Breichiau lan a lawr  
Arms up and down

